

Body Dryers

– Innovative Technology for Your Shower/Bath –

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December, 2012

Electric Hair Dryers started to gain popularity in the 1950s, and today are found in practically every household. Electric Hand Dryers began appearing in public restrooms in the 1960s. Today, it is rare to find a public restroom without an electric hand dryer, and homeowners are increasingly installing them in their residences.

...but an Electric Body Dryer? Yes, you read that correctly. There are such things as Electric Body Dryers that blow warm air to dry your entire body. They were introduced in Great Britain in the 1990s, and are quite popular there — especially with individuals who have physical challenges.

Thanks to the Internet, the news of these innovative Body Dryers is finally starting to spread around the world, and their popularity is rapidly growing.

Why a Body Dryer?

If you are like me, you simply want to create a “state-of-the-art” shower with all the latest gadgets. Other people (e.g., parents with teenagers) just plain dislike dealing with wet, smelly towels. Still others (e.g., individuals with physical challenges) have more pressing, practical reasons related to shower safety and privacy.

What to Consider when Shopping for a Body Dryer:

- Inside Shower or Outside Shower – Some Body Dryers are designed to be safely installed and operated directly inside the shower/bathing enclosure. Other models must be installed outside of the enclosure. If you are considering an outside of the shower model, make sure you have a spot to locate it that is near the shower. Otherwise, you will get cold and your floor will get wet while you are moving from your shower to the dryer. (Note: Read manufacturer’s literature very carefully and ask questions regarding install location. A dryer that can be installed “near” the shower is not the same as one that can be installed “inside” the shower enclosure. Also, be aware that those that can be installed inside of the shower can also be installed outside of shower.)
- Full Body Coverage – A dryer blowing air down from the ceiling is not going to dry your lower body as quickly or effectively as your upper body. Also, a dryer located on the wall with only a few air jets is not going to dry your entire body – evenly. If full body drying is your goal, look for a dryer that extends from the floor all the way up to above your head and one that contains multiple air jets (more is better).
- Built-In or Add-On – Some dryers must be built into the wall, while others can simply be hung/mounted on the wall. Built-ins may be less visible, but don’t forget to consider the construction/installation costs. Also, built-ins can’t be built into a pre-fab shower enclosure.
- Handheld or Hands-Free – Most Body Dryers feature hands-free operation allowing the user to sit or stand while the dryer does the work of distributing the air all over the user’s body. However, there are some models that require the user to hold the dryer itself (or a flexible air tube attached to the dryer) and move it around their body to direct the air flow to specific body locations like they would with a hair dryer. Some might question if these are true body dryers, or just hair dryers going by another name.
- Electrical Requirements – You will find that some dryers operate on 110/120V, while others require 220/240V just like your electric clothes dryer. In general, the ones that operate on 220/240V contain more air jets and will provide greater volumes of circulating warmed air.

For more information about Body Dryers, simply do a search on the Internet on the term “body dryer” and you will find other blogs and manufacturer websites.

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